



# **LEAD STRENGTH AND CONDITIONING COACH (MEN'S XI) CANDIDATE PACK**

**THE YORKSHIRE  
COUNTY CRICKET CLUB**



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THE YORKSHIRE COUNTY CRICKET CLUB LIMITED IS ONE OF THE MOST SUCCESSFUL CLUBS IN THE WORLD.

Established over 160 years ago, famed for its history, tradition and passion, Yorkshire cricket is renowned throughout the world.

No other county in the history of the game has won more trophies or produced more players for England.

The Club owns one of the premier international cricket venues, which has hosted some of the most iconic matches in the history of cricket.

# Vision

Changing the lives through the power of cricket

## Mission Statement

We will put cricket at the heart of Yorkshire, inspiring all generations to connect with the game. From the iconic Headingley and into our communities, building on our heritage and creating a legacy that makes everybody proud.

## Values

### THINK BIG

We are bold and courageous.

We make brave decisions and aren't afraid to do things differently.

### LIVE THE SPIRIT OF CRICKET

We choose to do things the right way, treating everyone with respect and fairness. We do what we say we are going to do.

### WINNING MENTALITY

We are ambitious in our pursuit to be the best.

Together we define our goals and are accountable for our success.

### ONE TEAM, ON AND OFF THE FIELD

We unite behind our common goals. We have got each other's backs, create safe spaces and push each other's thinking.

# ROLE SUMMARY

**Role title:** Lead Strength and Conditioning Coach (Men's XI)

**Reports to:** Head of Science and Medicine

**Based at:** Headingley Cricket Ground (with regular travel required)

**Salary:** £42,500 - £47,500

## **Job purpose:**

To provide world class strength and conditioning (S&C) provisions to Yorkshire County Cricket Club's Senior Men's Players. This role will lead the overall S&C strategy to provide the highest standard of provision to our Men's professional players with the aim to maximise player availability, health, readiness and athletic performance throughout the squad, which delivers on field results. This role is required to provide S&C provision all year round and is required to provide support for training and matches.

# KEY RESPONSIBILITIES

## S&C Provision

Lead the strategy for all areas of physical preparation and performance for Yorkshire CCC's men's senior players, while providing oversight on Academy and Performance Pathway programmes.

## S&C Delivery

Work collaboratively with the Yorkshire Cricket Science and Medicine team to deliver tailored, high quality injury prevention, rehabilitation and athletic development programmes.

## Match Day and Training Provisions

Lead physical preparation on matchdays home and away, and international tours, as required.

## Player Assessment

Complete regular player profiling in line with YCCC and ECB protocols to inform programme design and physical development and subsequently share with relevant parties.

## S&C Line Management

Supervise and line manage S&C practitioners as Lead S&C.

## Wider MDT Support

Work with the wider MDT to support holistic player physical performance, health and associated development goals.



# SKILLS AND EXPERIENCE

- Minimum of 3+ years' post-graduate experience working with elite athletes and in an elite performance environment as a strength and conditioning coach
- Have obtained either undergraduate or Postgraduate Sports Science / Strength and Conditioning degree (BSc / MSc)
- Have achieved or currently working towards full UKSCA Accreditation
- Experience of leading high quality injury prevention and rehabilitation programmes in elite performance environments
- Previous experience in dealing with, interpreting and reporting on data collection and using it to influence S&C decisions
- Previous experience of leading physical preparation on sessions for the build up to matchdays and on matchdays themselves
- Demonstrable experience and/or commitment to delivering the values of YCCC's EDI Plan



# PERSONAL ATTRIBUTES

As well as possessing the required skills and experience, you will demonstrate an alignment to the Club vision, mission statement and values.

You are a creative and innovative practitioner who thrives in an environment where you are required to think solve problems creatively and continuously look to upskill and develop yourself and those around you.

You are an excellent communicator who is able influence and engage with a variety of diverse stakeholders as part of a multidisciplinary team and bring a strong personal commitment to the values of safety, fairness, respect, equity and dignity





# APPLICATION PROCESS

For more information and to submit your application, go to:

[Yorkshire Cricket Careers Page - Lead Strength and Conditioning Coach \(Men\)](#)

The closing date for receipt of applications is midnight on 7<sup>th</sup> September 2025.

YCCC follows fairer and safer recruitment practices. Only applicants who submit an application by the closing date will be considered. Shortlisted candidates will be invited to participate in further selection phases including a formal interview and relevant checks.





# CONTACT US

Should you have any questions, require any reasonable adjustments, or wish to arrange a confidential discussion, please direct your initial query to [vacancies@YorkshireCCC.com](mailto:vacancies@YorkshireCCC.com).